

## RETREAT NEAR TOULOUSE (South-West of France)

SEPTEMBER, 27-30, 2019



### THE PLACE:

La Source Bleue in Touzac is nestled in the valley of the river Lot, about 150 kms from Toulouse. The ancient stone buildings, converted into houses, used to be water mills that date back to the eleventh century. The blue spring whose atmosphere is tranquil and serene, flows to the river across the garden and the houses are in enchanting, magical surroundings bordered by a forest of giant bamboo on the riverside.

It is here that over the past 20 years, there have been spiritual gatherings with speakers from different traditions.

All bedrooms have ensuite bathroom and toilet.

There is a large swimming pool and badminton

### HOW TO GET THERE:

We will organise car-sharing and a shuttle from Toulouse airport. The **shuttle** will pick you up on **Friday, 27th at 3p.m.** and bring you back on **Monday, 30th around 4p.m. (17€ round trip).**

You can reach La Source Bleue by car (itinerary from Toulouse could be sent), by train from Toulouse or Paris (information could be sent). You can also fly to Bergerac with a Ryanair flight from England or Belgium and reach La Source Bleue by car (1h30)

**THE PROGRAM :**

Friday, 27th: **opening talk at 18h** followed by dinner around 20h

Saturday, 28th and Sunday, 29<sup>th</sup>: **two daily talks** (in the morning and the afternoon)

Monday, 30th : **last talk in the morning** . Departure after lunch

**THE LANGUAGE:** English with French translation

**THE PRICE:**

Teaching: **180€** to pay in cash at La Source Bleue

Full-board accommodation: **225€**. From Friday evening to Monday midday lunch, including room (two persons per room) breakfast, two meals and coffee breaks.

We have other options for accommodation **from 155€ to 180€** in a campsite 3 kms away from La Source Bleue or in Bed & Breakfast 200m from La Source Bleue (both options with shared bathrooms).

**REGISTRATION:**

Send an email to Valérie at [satsangintoulouse@yahoo.com](mailto:satsangintoulouse@yahoo.com)

Booking at La Source Bleue will be confirmed after payment of a **70€ deposit**

Should you need more information, please contact Valérie by mail or calling **+33.6.76.87.14.90** (phone or Whatsapp)

