

Friday, December 29, 2017

MESSAGE FROM WAYNE

Hello my loves,

Just Doing Nothing

To do nothing is the ultimate luxury.
It carries with it no demands or expectations
No possibility of success or failure.

To do nothing is to be free
In a world bound with rules
Loosened
Fluid
Open to
The Eternity of the Moment.

Nothing
Is rich beyond imagining
Doing it
Allows you to be
Exactly as you are...
And what is that, you ask?
Ummmm
Look again!

Doing nothing
Turns your face
To the relentless
Question
And provides the
Space
From which
All answers
Mystically disappear.

May it find you now!

With much love in the New Year!
Wayne

A LIVING GEM FROM RAMESH (never before published)

Space is not "just nothing" as we commonly use the expression, for space and our awareness of the universe are really the same. True understanding thus comports the recognition that the apparent opposites are polar or interdependent and that there is something in us - what Groddeck, Freud, and Jung called "the unconscious" - which may be called upon for a higher wisdom than can be figured out by logic.

Wednesday, November 29, 2017

MESSAGE FROM WAYNE

Hello my loves,

Look deeply
Relax if you can

What you seek is here
Naked
Vulnerable
Trembling in wait
For you

It always comes
As a surprise
This passion
So desperately alive
To know
And be known

Beware the seducers
Skilled replicators
Promising delights
Beyond imagining
Whores standing in
Pools of borrowed light

Truth is always a surprise
Unexpected
Unearned
Revealing itself
Shamelessly

In the ecstasy
Of the Ordinary
May it find you now!

With much love,
Wayne

A LIVING GEM FROM RAMESH (never before published)

Life is indeed simple, if we don't fight it, if we just go with the flow. Then, we become the living, we are the flow:

It means bondage when the mind desires something or grieves at something, rejects something and accepts something - or, feels happy or unhappy with anything. It means liberation when the mind does not desire or grieve, reject or accept, feel happy or unhappy.

It is bondage when the mind is attached to any sense experience. It is liberation when the mind is detached from all sense experiences.

In other words, when the "me" is present, it is bondage, when the "me" is not present, it is liberation. It is only the "me" who feels bound by something and wants freedom from it. Why bother with it?

Tuesday, October 31, 2017

MESSAGE FROM WAYNE

Hello my loves,

Love is a popular topic in the spiritual world. But what is really being talked about?

There is the kind of love which is essentially narcissistic. It is like looking into a fun-house mirror in which the image that comes back to you is enhanced in ways that are infinitely attractive. This kind of love is the love of the romance novel, the one night stand and the charismatic leader. It makes you feel really good...for a while.

The kind of love that concerns us in the Living Teaching of Advaita is far more profound. It is the kind of love in which the self is diminished rather than enhanced. What is seen in this love's reflection is our essential Unity. At root it is impersonal, meaning not concerned with the egocentric self. It demands nothing and gives everything. A love like this is often uncomfortable because we do not like to be stripped of the illusion of our independent selves. These illusory selves are our comfortable clothing and to walk naked in the world is for most people a state so frightening as to be beyond imagining.

Such Love is impossible to accomplish. It is simply life's most precious gift. May it find you now!

Wayne

A LIVING GEM FROM RAMESH (never before published)

What natural, spontaneous living leads to is the understanding that consciousness is all there is, including the entire manifestation which is an appearance within itself, that therefore, there cannot be any individual as a separate entity with volition and choice of decision and action. Bondage begins with the mis-identification of the one seeker with what is seen, and liberation begins with the reversal of this mistake. Bondage, in other words, is merely a case of mistaken identity; the realization of this mistaken identity is liberation.

Thursday, September 28, 2017

MESSAGE FROM WAYNE

Hello my loves,

The soul IS immortal. Soul is the word we use to point to that part of what most humans consider themselves to be that is acknowledged as Eternal. The soul is what pulses unseen (yet often felt) beneath the false claim of being independent and autonomous beings.

Love and art are vehicles of revelation for the soul. When we say that "we are soul mates" or that "the music touched my soul" we are giving a name to this connection that is felt as the essential Truth.

Because most people imagine themselves as quanta (independent objects) , they also envision the soul as a quantifiable object, some "thing" mysterious that moves block-like from one incarnation to the next or to heaven or hell. But just as each of us are not the independent entities we may appear to be on the surface, the soul is not an independent object either.

The concept of the soul is simply a clever device for acknowledging our inherent Divinity while maintaining the illusion of autonomy. It is a way to safely recognize the indisputable True essence that occasionally shines through the darkness without being forced to confront the basic illusion of independence.

In fact all we Are, all that anything Is, is Soul. Soul is simply one of the thousand words that we use to point to.....All. The recognition of All is the peace that surpasses understanding.

May it find you now!

With much love,
Wayne

A LIVING GEM FROM RAMESH (never before published)

The average person, in the daily routine of life - which is the flow of time - is so thoroughly involved in the activity, that any mention of eternity frightens him. He may shrug it off as having nothing to do with "practical reality" and therefore a waste of time. But the fact of the matter is that there is an instinctive knowledge of eternity in the heart of every man, which he has been conditioned all his life to ignore, along with everything else that is not part of his voluntary will, that is not part of the practical reality. He is afraid to BE in the present moment.

Thursday, August 31, 2017

MESSAGE FROM WAYNE

Hello my loves,

To love is to recognize the essential Unity. To recognize Unity is to know the truth of things. It does no good to exhort someone or yourself to "love more." Love is always a gift. Love comes unexpectedly. Love is a mystery. If we are seekers, we may try to unravel this mystery. Penetrate it. Bend it to our understanding. But ultimately love reveals itself to be grace, an undeserved kiss from the Universe. In a sense it is a passage through the illusion of independence. It is a moment in which the truth of things is revealed and in that moment we feel the expansion of ourselves such that we are no longer independent of that which we love, we are Unified, we are whole, we are at peace.

May it find you now!

With much love,
Wayne

A LIVING GEM FROM RAMESH (never before published)

Just BE. Close your eyes, relax the body, let the mind be vacant, and you are in noumenal beingness, the fullness of nothingness. Such beingness is disturbed by an event that may occur like the breeze may cause a ripple on the surface of water. Then the world comes into existence and the event is witnessed together with the reaction, if any. The breeze stops, the ripple subsides in the water; the phenomenal event is over and you are back in the noumenal beingness. The world arises and subsides in your beingness. JUST BE. The "me" in you is irrelevant, illusory.

Friday, July 28, 2017

MESSAGE FROM WAYNE

Hello my loves,

Separation gets a bad rap. It is often seen as the root of suffering but when you look into it you may see that separation is actually a critical component in life as we know it. In order to love someone or something we must be separate from it. Even to say I love my self there must be an identifiable self to love! All experience depends on the separation between the point of experience and that which is experienced. So where does the suffering arise from?

In humans over the age of two a curious thing happens...the separation that is so essential for our functioning gets hijacked by a false sense of independence. This is the perversion that brings suffering. The false claim of being an INDEPENDENT entity is what gives rise to the suffering.

Which brings us to another common myth, namely that considering yourself "someone" is unenlightened and thus the cause of suffering. Being somebody (an entity) is actually quite useful when you need to differentiate yourself from the table or when someone is calling your name to get your attention. The collection of difficulties we lump together as "suffering" arise when there is the mistaken sense we are not merely functional entities but INDEPENDENT entities with an accompanying claim of having independent power.

The "peace and harmony in daily living" that Ramesh talked about comes in the intuitive recognition of who and what we truly Are.

May it find you now!

With much love,
Wayne

A LIVING GEM FROM RAMESH (never before published)

The awareness of the intimate relationship with the totality of man's manifestation brings about a transformation in one's attitude towards life and its meaning: a meaning that is indicative less of doing and achieving for the individual organism, and more and more of "being". As the American poet e.e. cummings has put it, "If you can be, be. If not, cheer up and go on about other people's business, doing and undoing unto others 'til you drop." Specifically, you do not do anything to change your actions; you continue doing whatever you were doing; you do not deliberately change or alter your way of life.

Wednesday, June 28, 2017

MESSAGE FROM WAYNE

Hello my loves,

The guru is the rocker of the boat.
He cuts through the complacency
And numbness
Repeated exposure to miracles
Inevitably brings.

Look here, he cries!
Right in front of you!
Wake up!
Open your eyes!
The great Miracle is everywhere,
Abiding in the ordinary.
You need only shift your gaze a fraction from your "self"
To uncover the Eternal.

With much love,
wayne

A LIVING GEM FROM RAMESH (never before published)

Knowledge is a function of being. When there is a change in the being of the Knower, there is a corresponding change in the nature and amount of knowing. For instance, the being of a child is transformed by growth and education into that of a man; among the results of this transformation is a revolutionary change in the way of knowing and the amount and character of the things known. As the individual grows up, his knowledge becomes more conceptual and systematic in form, and its factual, utilitarian content is enormously increased. But these gains are offset by a certain deterioration in the quality of immediate apprehension, a blunting and a loss of intuitive power.

Wednesday, May 31, 2017

MESSAGE FROM WAYNE

Hello my loves,

I received a letter from a Catholic nun in Spain who had a profound unitive insight and was now uncertain how to live in the world with her fellow nuns. My reply to her is below.

Dearest C,

I was impressed with the sincerity of your letter and I think Google did a pretty good job of translation. I am familiar with your difficulty and you may be surprised to learn that it is not an unusual problem. Spiritual societies are not really so different from other communities and the problem of fitting into them once there is a spiritual awakening is a common one.

The awakening you had becomes problematic only after it is subsequently processed by the mind and then claimed by the "ego" (what I call the False Sense of Authorship). Often, the more books you have read and the deeper your intellectual understanding the bigger the difficulty becomes. Because ultimately the Truth can never be reconciled with any teaching, code of behavior, social structure, religion or philosophy. It is simply too big to fit into such small packages.

Ramesh often spoke about "secondary involvement" in relation to the concept of non-doership. Simply put, it isn't "doing" or "action" that brings suffering but rather a sense that the ego was responsible for the doing that brings suffering. It is the sense that I authored the doing rather than the doing itself which creates difficulties.

Doing happens, actions happen. As long as there is breath in your body you will act in accordance with the Cosmic Law Ramesh so poetically pointed to.

Even after you awaken to the truth that the earth revolves to obscure and reveal the sun rather than it being the way our senses tell us it is, namely that the sun circles the earth once each day, you can still admire a sunset and use the word sunrise. So too it is possible to speak and act like a "normal" person even after a transformative spiritual experience.

The world of appearance is the Word become flesh. Knowledge and ignorance are manifestations of the same Source. To look at the finite and know it as Infinite is the Ultimate Understanding.

May it find you now.

With much love,
Wayne

A LIVING GEM FROM RAMESH (never before published)

Nisargadatta Maharaj was an occurrence in the functioning of the Totality. Those who were drawn to him - some by their own apparent volition, others through the force of circumstance, beyond their control - were part of the happening that was Nisargadatta Maharaj. The extent to which each apparent individual benefits from his association with Maharaj, being a part of the process of evolution, depended upon the extent to which the ground had been prepared to receive such benefit. The understanding or apperception of what-is (the nature of things) being noumenal, must necessarily be spontaneous and sudden, while the effect of it, if any, on the individual mechanism, being of the dimension of space-time, would be not necessarily sudden but gradual over a period of time, depending upon the dharma of each psychosomatic apparatus.

Sunday, April 30, 2017

MESSAGE FROM WAYNE

Hello my loves,

Ram Tzu couldn't help but notice you.

You are a party girl seeker
Looking for the ultimate good time.
You hit all the happening clubs
Tiru, Bali, Rishi, Ashland, Chiang Mai, Sedona, Byron, Ibiza, Goa
Perfectly turned out in flowing colors, beads and malas blessed by a genuine Indian guru
A fresh bindi gracing your brow
Hands joined, head bowed in Namaste
Ready to go with anyone who speaks the magic words
Beloved, stillness, unity, silence, love, oneness, heart, openness, beauty, bliss
And pretend this latest one is the One
At least for a night or two
Cause it feels so right!

In the absence of Resonance you settle for charisma
But in the end it makes you sick so.....
You take your medicine and puke into a bucket
Then share your profound insights with your friends
Again and again and again.

Eventually you seek the Ecstasy without the pill
And find it briefly in the shared buzz of the big event
And the hot celebrity Teacher of the mo'
Preceded on the stage by a couple of your old favs from London, San Francisco and Amsterdam.
So deep, so moving, so honest, so real, so heartfelt...
All captured on Facebook and Instagram
for the seeming eternity before the next party.

Ram Tzu loves you, dear ones
Without you his world would be dull indeed.

With much love,
Wayne

A LIVING GEM FROM RAMESH (never before published)

The Kingdom of Heaven

"The Kingdom of Heaven is within" does not mean that the kingdom of heaven is to be sought somewhere "within". The whole point is that the kingdom of heaven needs no seeking by any seeker. Indeed, any seeking by an individual seeker is necessarily "without", - through externalizing, through conceptualizing, through personal, individual efforts called Sadhana or whatever. What Jesus has said is to be taken literally: The within IS the kingdom of heaven. And that is precisely what every sage and every prophet has asserted unceasingly: the phenomenal manifestation must be apperceived "within" with what might be termed as the third eye (which can see the face without the mirror) and not seen "without" with the two eyes of duality. What is needed is internalizing, not externalizing. Externalizing, that is to say objectivizing through split-mind, is the only obstacle: the absence of it is all that is required to remove it, not another positive effort to counteract it. What subsists when externalizing or objectivizing ceases is the within.

Thursday, March 30, 2017

MESSAGE FROM WAYNE

Hello my loves,

Relationships fascinate us. The complexity of human relationships is the stuff of art, music, conversation and supermarket tabloids. Love relationships, political relationships, sexual relationships, family relationships, social relationships, work relationships... It's a long list.

More fundamentally, all experience is based on relationship. And if you look deeply into it you may see that relationship is dependent on separation. We must have a sense of separation from that we are relating to in order for there to be a space across which we can relate. To smell the flower I must be in some way other than the flower. The separation need not be physical, after all I can relate to myself as well as relate to you, but this quality of separation is the basic duality upon which experience is built.

The exquisite paradox is that the separation upon which the entire manifest universe depends is an illusion! There is no separation. On this the physicist and the mystic agree. Everything is connected. We and everything else are all part of a seamless whole!

Profound Knowledge of this is available only through what we may call "the heart." The open heart dissolves the distance between me and you. It is a knowing that can never be reached by the mind. Yet it is everywhere. It is in the lovers embrace. It is in the depths of the infant's gaze. It is in the scream in the night. It is in the whisper of the forest silence. It is in the stillness of the moment of death. It is the grace of the Guru.

May it find you now!

With love,
Wayne

A LIVING GEM FROM RAMESH (never before published)

What precisely is meant by silence? Metaphysically, silence does not mean the complementary opposite of noise, although, of course, the negation of noise as an aid to thought can never be questioned. But what silence means metaphysically is absence of thought, the very absence of mentation or cerebration. Such silence is that interval between thoughts (or between the inhalation and the exhalation) that is imperceptible to the split-mind of subject and object as being of infinitesimal duration, but which is the reality of infinite duration because it is the intemporal whole-mind: the "Witness" of Vedanta, the "Buddha-mind" of Chian, the "Father" of Christianity. Indeed, it is the permanent background - the consciousness - against which time is experienced as duration.

Tuesday, February 28, 2017

MESSAGE FROM WAYNE

Hello my loves,

I am the wind that roars through the forest. I am the dream. I am the ten thousand songs. I am the cancer that destroys its host. I am all that is beautiful. I am all that is unspeakable. I am salvation. I am destiny. I am the ache. I am the jewel in Indra's net. I am the One. I am the many.

Look into my eyes. Look deeper still. Here is the vast emptiness that you seek. Bribe me. Seduce me. Pull out your best trick...you know the one...it's always worked for you before.

Do you recognize me yet? I am hope. I am delusion. I am the liver that fails. I am the smile that draws you in. I am the relentless truth that frightens you away.

Are you beginning to realize that nothing will come of you here? Good, you are finally catching on.

Now go away
And welcome to Love.

Wayne

A LIVING GEM FROM RAMESH (never before published)

Peace of mind viewed at a lower level, or enlightenment at a higher level, is not an object. It is a state of mind in which desire for an object, whatever it is - material or spiritual - is not present. At this stage, the split-mind of subject and object, promptly asks: I accept that, but how do I achieve that state?! And there's the rub: that is precisely the point: That state of mind can happen - it cannot be achieved - only when there is no desire for any object, only when the seeking itself ceases, and for the seeking to cease, the seeker himself must disappear.

Tuesday, January 31, 2017

MESSAGE FROM WAYNE

Hello my loves,

I'm constantly asked about my experience. The assumption is that I have something that others don't...that there is something about me that is unique and special. I insist I am ordinary and I am then asked what makes this ordinariness so special! Paradoxically, what fuels this question is the recognition of an unquantifiable absence in me. This inevitably leads to the question of what this absence is! And I insist it is Nothing! And around and around and around we go. What a dance!

Rather than fueling the seekers inevitable fascination with the Holy Grail of Enlightenment I prefer to focus on our common experience. That which we all share. That which we all are. The Teaching points to this unity of you and "I".

The fundamental obstacle is that the individual is glorified in our society. Yet the individual is a figment. None of us are truly individuals. We are all part of a collective whole. Even our uniqueness is part of the collective shuffle and deal. A common DNA is combined to make each unique one of us. We are all the same energy. We are all bits of the same Stars. Individuality is such a sad alter to pray at. What we truly are is a unique aspect of a singular Consciousness. Our unique qualities, our differences, are easy to see (and so occupy our attention). What is far more rare to glimpse is our underlying Unity, this Nothing which we all are.

May it find you now!

With much love,
Wayne

A LIVING GEM FROM RAMESH (never before published)

The process of disidentification of consciousness from the individual organism and the integration of personal consciousness back into its impersonality and universality is the area of metaphysics. The aim of such disciplines or teachings as Vedanta, or Taoism or Zen Buddhism is to bring home the fact that there cannot be real split between the supreme identity and the individual identity, that the separation is only a notional one as part of the cosmic play of lila, and that therefore, a clear understanding, an apperception of this undeniable fact is all that is necessary for this notional separation to heal, not gradually but at once. Indeed, this true seeing is itself the sudden awakening from the dreaming that this life is.